

FROM CONDEMNATION TO CONFIDENCE

Increasing Your Confidence 5 of 6

North Lake Church

August 16, 2009

“If our heart does not condemn us, we have confidence before God.”
(1 John 3.21)

TWO CAUSES OF SELF-CONDEMNATION

- Unresolved GUILT (Psalm 32.3-5)
- Unrealistic EXPECTATIONS (Psalm 119.96)

WHAT TO DO ABOUT IT

1. Accept God’s Forgiveness

“All of us have sinned and fall short of God’s ideal, yet now God declares us not guilty if we trust in Jesus Christ, who in kindness freely takes away our sins.”
(Romans 3.23-24 LB)

2. Forgive Yourself

“Look straight ahead with honest confidence; don’t hang your head in shame.” (Proverbs 4.25 GN)

3. Relax in God’s Grace

“Nothing is perfect except your (God’s) Word.”
(Psalm 119.96 LB)

“As a father is kind to his children, so the Lord is kind to those who honor him. He knows what we are made of; He remembers that we are dust.”
(Psalm 103.13-14 GN)

“There is no condemnation for those in Christ Jesus.”
(Romans 8.1)

4. Eliminate Negative Self-Talk

“Be careful how you think; your life is shaped by your thoughts.” (Proverbs 4.23 GN)

(Job) “. . . Everything I say seems to condemn me.”
(Job 9.20 GN)

“Fix your thoughts on what is true and good and right. Think about all you can thank God for and be glad About.”
(Philippians 4.8 LB)

5. Quit Trying to Please Everybody

“It is dangerous to be concerned with what others think of you.” (Proverbs 29.25 GN)

6. Focus Only On Doing God’s Will

“(Jesus) “Come to me, all of you who are tired from carrying your heavy loads, and I will give you rest. . . The yoke I will give you is easy and the load I will put On you is light.” (Matthew 11.29-30)

• Other Messages in this Series: (From John 13.34)
August 23 - *“How to Bring Out the Best in Others”*

- Questions for Small Groups and Daily Devotions
Serendipity Bible, 1 John 3:11-24, Open, Dig, Reflect
